# Appendix 2: The PICO Format

Specify question for evidence analysis using “PICO”

Specify **Population**, **Intervention**, **Comparison**, and desired **Outcome**.

<table>
<thead>
<tr>
<th>Population</th>
<th>Intervention</th>
<th>Comparison</th>
<th>Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Patient Or Problem)</td>
<td>(cause, treatment, or prognostic factor)</td>
<td>Intervention (if necessary)</td>
<td>What could this intervention really affect? Be specific.</td>
</tr>
</tbody>
</table>

**TIPS**

For Building PICO Questions:

- Describe group (of patients). Balance precision with brevity.
- What intervention are you considering? Be specific.
- What is the main alternative to compare with the intervention? Be specific.

**Question for Evidence Analysis:**

_____________________________________________________________________

_____________________________________________________________________